

TEAMING FOR SUCCESS TOWARDS HEALTH, SAFETY & ENVIRONMENT (HSE)

INTRODUCTION

Teambuilding

A team is a group of people working towards a common goal. 'Team Building' is the process of enabling that group of people to reach their goal. In this group, their goals are toward preventing accidents at their workplace by the effort of all team members. The values of HSE will be instilled during the games, role play, group discussion and the activities during the training.

In its simplest terms, team building exercises are executed to address issues which inhibit organizational team from reaching their goals and to remove the inhibitors and enable the goals to be achieved within organizational performance.

At MSTC, we focus the participants into recognizing the right issues, and tackling them in an appropriate way and an appropriate order, hence generating the right performance required of the team.

HSE

HSE in a workplace is the most important aspect to be considered by both the employers and employees of an organization. With the government commitment towards workplace safety through the provisions of the Occupational Safety and Health Act (OSHA) 1994, Factory and Machinery Act (FMA) 1967 and Environmental Quality Act (EQA), all organizations have responsibility to care for all people to be on safer premises and conditions at any time.

OBJECTIVES

- Harnessing and uplifting the participant's perception of HSE to a higher level i.e HSE as a VALUE rather than a priority.
- Determine efficient committee management techniques
- Developing, understanding and taking the right action towards establishing high performance team
- To incorporate people with different backgrounds and skills working in a team.
- Identifying techniques to increase the performance of team members specifically toward HSE
- Rejuvenate established teams that have fallen back into group work
- Help teams in conflict understand the benefits of teamwork vs. group work

DURATION

The duration of this program is 3 days 2 nights.

METHODOLOGY

The workshop is essentially participative. There will be group interaction, individual exercise, case studies, role play, lectures and games. The methodologies used will enable participants to relate and apply directly to their working environment and related to HSE.

LANGUAGE MEDIUM

The presentation will be conducted in English and/or Bahasa Malaysia. However, it can be executed in a dual language option.

CERTIFICATION

Certificate of Attendance will be presented to all participants at the end of the course.

COURSE OUTLINE

MODULE 1: POSITIVE MINDSET TOWARD HSE

- Ice breaking
- Paradigm shift
- Unbelievable performance
- Effective follower ships

MODULE 2: TEAMWORK IN HSE ACTION

- Function of HSE Committee
- Spot a hazards games
- Conducting Safety Inspection
- Treasure Hunt
- Incident/Accident Prevention
- Cost of Accident/Incidents

MODULE 3: TELE-MATCHES

- Caterpillar cross
- Bamboo run
- Balloon train
- All in one

MODULE 4: TEAM DYNAMIC

- Mole games – blaming culture
- Survey: team effectiveness
- Blind trail and jungle walk
- Song: Jangan ada benci

MODULE 5: ANALYZING TEAM SPIRIT

- Obstacles run
- Attitude 'can do'
- Reef knot exercise
- Maintaining balance skills
- Ensuring peak performance

MODULE 6: TEAM INTERACTION

- Effective communication
- Barriers in communication
- Aero-plain games

MODULE 7: TEAMING FOR SUCCESS

- Expedition challenge
- Group binding toward HSE
- Action plan to improve teamwork
- Song: Sama – sama
- Evaluation