

ADVANCE DEFENSIVE DRIVING

INTRODUCTION

Give your employees the Defensive Driving Course (DDC) and help them join the ranks of the most safety-conscious drivers on the road.

For employees who drive either a company vehicle or their own vehicle on the job, safe driving is a matter of occupational safety. However, an estimated nine out of 10 time-loss injuries happen off the job, not counting employees who take time off to care for an injured family member.

When a company driver is involved in a crash, insurance rates can skyrocket. In addition, indirect costs (whether the worker was driving on or off the job) can include recuperation time, re-staffing, retraining and lost productivity.

OBJECTIVES

On completion of the course drivers should have:

- An improved understanding of their vehicle;
- Better concentration for the driving task;
- Enhanced all-round observation skills;
- Earlier anticipation of potential hazards;
- The necessary ability to deal systematically with hazards;
- Reduced the risk of being involved in an accident

WHO SHOULD ATTEND

Anyone who drives a car or light goods vehicle.

CERTIFICATION

Certificate of attendance will be awarded to participants who are fully attending the training course.

COURSE OUTLINE

- Employers & Employee Responsibilities
- Yourself and Legal requirement
- Identify risky driving attitudes and behaviors
- Positive Attitude
- Negativity
- How to avoid Emotional Leakage
- How to avoid Excuses
- Ownership & Responsibility
- The difference between good driving and defensive driving
- What it means to be a defensive driver
- Preventable collisions
- Three basic steps in collision avoidance (Collision Prevention Formula); recognizing driving hazards.

- Factors can lead to road accident
- Car and Maintenance
- Concept of Driving
- Position When Driving.
- Observation Technique
- Controlling a Car
- Tips on Defensive Driving
- Practical Demo by Trainer & Followed by Participants
- Light Exercise
- Car Inspection
- Driving Skills & Technique
- Slowly and Emergency Brake
- Cadence Brake (Manual ABS)
- Cockpit Drill
- Overview / Recap
- Theory & Practical
- Stress Management
- First Aid
- Do & Don't (Drivers' Ethics)
- Security Management for Driver
- Light Exercise
- Car Slalom Maneuvering Techniques
- Practical

PROGRAM ITINERARY FOR THE COURSE ADVANCE DEFENSIVE DRIVING

DAY ONE (1)

TIME	TOPIC
0900 - 1030	Ice Breaking Class Theory Safety Defensive Driving
1030 - 1045	Tea Break
1045 - 1300	Practical – Advance 1
1300 - 1400	Lunch / Zohor
1400 - 1530	Practical – Advance 1
1530 - 1545	Tea Break
1545 - 1700	Practical – Advance 1

DAY TWO (2)

TIME	TOPIC
0900 - 1030	Practical – Advance 2
1030- 1045	Tea Break
1045- 1300	Practical – Advance 2
1300 - 1400	Lunch / Zohor
1400 - 1530	Practical – Advance 2
1530 - 1545	Tea Break
1545- 1700	Practical – Advance 2 Closing